My research poster is about children's academics, mental health and social support during COVID-19 remote instruction. Since COVID-19 was declared a pandemic, nearly all places of business and entertainment were shut down and schools had to move towards remote learning. This was a fundamental shift in how education was conducted. While these changes affected children of all ages, the younger children may be the most negatively impacted due to their reliance on teachers and classroom support for their learning. Past studies have found that the lack of a structured school routine has disrupted children's engagement in academics and extracurriculars. My study will examine the relationship among social support and stress, anxiety, and depression in elementary school children.