CHILDREN'S ACADEMICS, MENTAL HEALTH, AND SOCIAL **SUPPORT DURING COVID-19 REMOTE LEARNING**

Introduction

- Hardships that families have faced during this time (e.g., job loss, income loss, caregiving burdens, and illness) have strongly influenced and affected the well-being of families (Ananat et al., 2020).
- Children staying at home, are facing and struggling with their mental health declining, anxiety, depression, child maltreatment, and physical assault (Phelps & Sperry, 2020)
- There is a direction of delivering online instruction however there is little direction on supporting children who rely on schools for behavioral and mental health support (Phelps & Sperry, 2020).
- The lack of a structured school setting has led to a disruption in routine, boredom, and lack of innovative ideas for engaging in various academic and extracurricular activities (Singh et al., 2020).

Present Study

• The purpose of this study is to examine the relationship among social support and stress, anxiety, and depression in elementary school children.

•Hypotheses:

1.Social support will be negatively correlated with anxiety. 2.Social support will be negatively correlated with stress. 3. Social support will be negatively corrected with depression. 4. Social support will be positively correlated with academics.

Methods

• Sample of 50 participants, ages 8-12, will be recruited from local elementary schools

• Recruited through teachers and letters sent to parents

• Measures

• Social support (e.g., tutoring hours, virtual playdates / video chatting, parents' work hours, number of siblings, family recreation time)

• Anxiety: Youth Anxiety Measure for DSM-5 (YAM-5; Muris et al., 2017)

• Stress: School-Age Children's Self-Reported Stress Symptoms Questionnaire (Valizadeh et al., 2012)

• Depression: Center for Epidemiologic Studies Depression Scale (CES-D; Smarr and Keefer, 2011)



"Among adolescents who received mental health services between 2012 and 2015, 35% received these services exclusively from school settings"

(Goldberstein, et al. 2020)







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