

# I Think I May Have COVID-19

Information for students who have a diagnosed case of COVID-19 or suspect that they have COVID-19

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## Do students have to disclose their medical condition?

A student is not required to disclose that they have COVID-19.

## Can a faculty member ask for a doctor's note?

A doctor's note is not required if you have COVID-19, specifically. If, however, a student is unable to complete required assignments or attend required class meetings, a faculty member can request a doctor's note to verify a student's illness. This is the same procedure that would be used for any medical situation that prevented a student from completing required work on a short-term basis.

In the case of a longer-term medical disability, an accommodation should be requested through [Disability Resource Services](#).

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## If you have COVID-19, what actions should you take?

- Self-quarantine at home, monitor your symptoms and avoid contact with others for 14 days.
  - Take action and submit a [COVID-19 Reporting Form](#).
  - Contact the [Student Health Center](#) or your personal care physician if you believe you are experiencing [COVID-19 symptoms](#).
  - Contact your professors to let them know you will not be in attendance for classes. Be timely and consistent in communicating with your professors, *especially* if you believe you will miss assignments and multiple classes.
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## Take Action & Submit a COVID-19 Reporting Form

If you have been in close contact with individuals who are known to have COVID-19, or you have tested positive, you are required to take action even if you are not showing symptoms of COVID-19.

[Submit a Report](#)

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## Student Resources

- ❑ Utilize the [Student Services Directory page](#) to get the contact information of departments you may need to contact.
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**Visit the Centers for Disease Control and Prevention for more information relating to:**

Symptoms, testing and vaccines.

Learn about when to quarantine and when you can safely be around others.

Publications on COVID-19 from the Center for Disease Control and Prevention. Information is updated regularly.

- [Things You Need to Know](#)
  - [Populations with Increased Risk](#)
  - [How COVID-19 Spreads](#)
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## Campus Resources

- [COVID-19 Updates and FAQs](#)
  - [Symptom Monitoring](#)
  - [Face Covering Protocol](#)
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## Campus COVID-19 Case Rates

- [View number of known and reported cases](#)
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## State and Regional Resources

- [California Department of Public Health Updates](#)
- [Stanislaus County Department of Public Health](#)