

Curriculum Vitae

Pollie Bith-Melander, PhD, MSW, ASW Phone: (510) 499-6925; Email: polliebith@gmail.com

EDUCATION

CPR, AED, Basic First Aid (Adult, Child, and Infant) Exp. Date: 01/14/2020

ASW, BBS # 74092

MSW, May 2016, CSU East Bay, Social Work Department, Hayward, CA

Master's Thesis: Trauma Affecting APIs in the San Francisco Bay Area

PhD, Medical Anthropology, December 2004, University of Hawaii, Dept. of Anthropology, Honolulu, HI

PhD Dissertation: "Mango Illness": Health Decisions and the Use of Biomedical and Traditional Therapies in Cambodia

MA, Anthropology, September 1998, University of Hawaii, Dept. of Anthropology, Honolulu, HI

BA, Anthropology, 1993, University of California at Berkeley, Berkeley, CA

RESEARCH: Ethnomedicine, Medical Pluralism, Global Health, Southeast Asia, Trauma, Minority Communities, Environmental/Sexual Health, Veterans and Trauma

ACADEMIC ACTIVITIES

International Journal of Environmental Research and Public Health

Co-Guest Editor, 2016 to 2017, Special Issue: Trauma & Refugees

Co-Guest Editor, 2017-2019, Special Issue: World in Crisis: Current Health Issues

Editorial Board Member, October 2017- Present, Journal of Community Medicine

Editorial Board Member, October 2017 – Present, Journal of Psychology and Psychiatry

Editorial Board Member, October 2017 to Present, Annals of Epidemiology and Public Health

SKILLS

- SPSS/Ethnograph/Dedoose/FileMaker Pro
- Developing and Maintaining Databases
- Microsoft Office
- Grant Proposals, Research Study Designs, Implementation, Analysis and Write-Up
- Ability to multi-task/extensive experience working in diverse settings internationally and in the U.S.

TRAININGS AND CERTIFICATION

- Human Subjects Training, University of Hawaii, Johns A. Burns School of Medicine, 2004
- Master Trainer, CDC's Behavioral Diffusion Theory of Prevention Intervention (1009)
- Child Abuse/Elder Abuse Reporting Laws, Alameda County Public Health Dept. (2013)
- Critical Time Intervention, Center for Social Innovation (2013)
- Seeking Safety 1-Day training, Alameda County Behavioral Health Care (2013)
- Mental Health First AID USA, Alameda County Behavioral Health Care (2013)
- 40 Hour Domestic Violence Training, Safe Alternatives to Violent Environment (2013)

- Interpersonal Therapy, VA's San Francisco Medical Facility, San Francisco, CA (2014)
- Motivational Interviewing, VA's San Francisco Medical Facility, San Francisco, CA (2015)
- Trauma Informed Care, Alternative Family Services, Oakland, CA (2016)
- ASAM Criteria, Alameda County, Oakland, CA (2017)

FOREIGN LANGUAGE:

Cambodian (Fluent in Khmer)

PROFESSIONAL EXPERIENCE

Assistant Professor

CSU Stanislaus, Social Work Department, Turlock, CA, Aug. 2018 to Present

- Teach full-time over a 9 month academic year. Course assignments include social work practice with individuals/families (clinical skills), social work practice with groups, social issues and policy, social work practice in mental health, child welfare, community organization, and field placement supervision.
- Online courses: Addictions; Human Behavior and Social Environment I/II; Law and Ethics; Trauma; Social Work Advanced Micro Practice
- Courses: Addiction, HBSE I/II, Field Instruction, Research Methods, Generalist Practice, Trauma, and Advanced Micro Practice Approaches
- Full participation in on-going curriculum development and assessment
- Other responsibilities include student advising and both institutional and community service.

Quality Improvement Case Manager/Psychiatric Social Worker, Feb. 2018- Sept. 2018, Oakland, CA
West Oakland Health Counselor

Supervisor: Dr. Lemny Perez

Administration

- Assisted with continuous quality improvement
- Conducted assessments/analyze data on quality improvement/effectiveness of services/performance
- Designed surveys/conduct research studies/analyze data/write up
- In charge of the agency's Internship Program

Direct Clinical Work

- Provided EPSDT school-based mental health, crisis intervention and case management services to qualified children; provides individual and group therapy in the school milieu; may provide services in the home if indicated and appropriate.
- Provided case management services in support of the child's school success.
- Provided psycho-social assessments.
- Provided and updates individual service plans that include measurable objectives based on assessment findings.

Behavioral Health Program Manager, Oct. 2017 to Feb. 2018, Oakland, CA

Alternatives In Action

Supervisor: Jora Atienza

- Provided oversight and management of revenue streams related to clinical care management program including Targeted Case Management (TCM) and Delinquency Prevention/Probation funding;
- Developed and secure additional funding streams to support growth of care management services
- Assist with training and development of Alternatives in Action staff on trauma-informed care practices;
- Provide Case Management services; including referral, intake, eligibility determination, program planning, monitoring, assessment and evaluation of youth/family needs.

Director of Resident Services, August 2016-October 2017, San Francisco, CA

Chinatown Community Development Center Provide

Supervisor: Malcolm Yeung

- Train a team of residential coordinators on a variety of topics, including communication skills, data collection, conflict-Resolution, and Anger Management;
- Develop training materials on a variety of topics, including mental illness, mini-mental health exam, communication skills, data collection, conflict-Resolution;
- Facilitate a weekly case review to a team of residential coordinators on various cases and consult on complex/complicated social/mental health issues;
- Provide direct engagement and intervention to residents with complex issues, such as mental illness, substance abuse, neglect, and language cultural barriers; and
- Consult on specific cases relating to mental illness, substance, domestic violence, and other crises.

Associate Director for Planning, Development, and Program Management, Sept. 2013- July 2016

Asian Community Mental Health Services, Oakland, CA

Supervisor: Philip Sun

- Managed a team of 20 mental health and outreach staff in both offices in Oakland and Richmond;
- Recruited, interviewed, hired, and trained staff;
- Maintained operational, fiscal and programmatic oversight of core mental health and outreach programs
- Managed grants and contracts for the entire agency;
- Conducted assessments to identify priority needs of the populations being served and present key findings to interest groups and other related entities; and
- Maintained, developed, and designed the health record database (Welligent System).

Social Scientist, October 2010 - September 2013

Twenty-nine Palms Marine Corps/Mobius Industry, 29 Palms, CA

Supervisor: Glenn G. Gutting

- Directly supervised 5 staff and oversaw daily operations;
- Participated in in regular management team meetings; and
- Developed, maintained and updated socio-cultural training materials

Social Scientist, September 2009- October 2010, Deployment to Afghanistan

Department of Defense/ MPRI, L-3 Division, Alexandria, VA

Supervisor: Frank Wheeler

- Oversaw a team of 30 staff in harsh and dangerous environments in Afghanistan;

- Was in charge of research project planning, budgeting, and pilot projects;
- Provided cultural sensitivity trainings to the military via utilizing socio-cultural data from the varied population groups in Afghanistan;
- Developed statements of work, wrote requests for quotes/evaluated research proposals;
- Made funding awards to subcontractors and wrote research contracts.

Behavioral Scientist, January 2008 - September 2009

Asian Pacific Islander Wellness Center, San Francisco, CA

Supervisor: Bupendhra Sheoran, MD

- Conducted interviews and case development; gathered medical evidence, set up medical and mental health appointments; and
- Research and Administrative responsibilities included serving as behavioral scientist at large for the training, evaluation and design of all programs and research projects.

Associate Director, December 2006 – September 2009

UH, Dept. of Trop. Med., Med Microbiology & Pharmacology, Honolulu, HI

Supervisor: Dr. Jimmy Effird

- Mentored and advised 3 Ph.D. students;
- Co-taught tropical medicine grad course.
- Supervised 5 staff and was in charge of developing their duties/responsibilities;
- Prepared annual progress reports and assisted in the grant development process;
- Maintained a number of databases, which included developing questionnaire surveys, research tools, instruments, and interview guides; and
- Conducted face-to-face interviews & observations in a community/residential as well as clinical settings.

Assistant Professor/Undergraduate Program Director, August 2005 – December 2006

CSU San Jose, Dept. of Health Science, San Jose, CA

Supervisor: Dr. Deceased

- Provided overall guidance and direction of Health Science Undergraduate Program;
- Designed the academic undergraduate program curriculum;
- Fostered the connections between the university and the community; and
- Taught courses in health science, global health, Health Issues in a Multicultural Society and Human Sexuality

Assistant Professor/Center Coordinator, August 2003 – August 2005

University of Hawaii, Dept. of Pediatrics, Honolulu, HI

Supervisor: Richard Yanagihara

- Assisted the director in the overall administrative and fiscal management of the Center's for Disease Control and Prevention funded multi-million dollar Asia Pacific Center for Emerging Infectious Diseases Center;
- Developed and managed sub-contract agreements; and
- Supervised 3 staff and developed duties and responsibilities for each staff.

Community Youth Counselor, December 1992 - August 1995

East Bay Asian Youth Center, Berkeley, CA

Supervisor: David Kakishiba

- Managed a caseload of 25 youth and families;
- Conducted initial and termination assessments and enrolled/terminated clients once graduated from the program;
- Developed intervention both short-term and long-term plans;
- Completed intake/other forms and made referrals to other service providers;
- Conducted individual/group counseling and made home visits; and
Conducted support groups.

COMPETITIVE AWARDS AND GRANTS

In Preparation:

Burn Pits In Iraq and Afghanistan

The goal of the project is to examine clinical symptoms of burn pits among veterans of Iraq and Afghanistan.

PI: Pollie Bith-Melander

Co-PI: Dr. Christopher King

Current Project:

"Exiled Once Again": 1.5 Generation Southeast Asian Refugee Deportation (\$8,000)

CSU Stanislaus/Dean's Office

The goal of the project is explore issues relating to family/community impact when family members are deported to Southeast Asia.

PI: Pollie Bith-Melander

Trauma and ADHD: Is there a link?

The goal of this project is to understand whether trauma a precursor to ADHD

Status: Manuscript completed/submission pending

Past Grants

Asian Community Mental Health Service, Oakland, CA

Mental Health Status Project (August 2015 to May 2018)

The overall goal of the project is to assess the status of mental health in specific Asian American groups living in the San Francisco Bay Area (\$6,000).

Role: PI

Data Update: 2nd manuscript published.

US Army, Combat Studies Institute, Ft. Leavenworth, Kansas

Simulations Used As Training Tools (2011 to 2014)

The goal is to write a book on the use of simulations as Training Tools (\$38,000)

AIDS Health Care Foundation, San Francisco, CA

Mpowerment Program Evaluation (2008 to 2009)

The overall goal of the project is to evaluate one of the six Behavioral Diffusion Theory Models entitled Mpowerment Program serving transgender youth of color in San Francisco (\$90,000).

A&PI Wellness Center, San Francisco, CA

A&PI MSM and Women living with HIV/AIDS (1/2008 to 12/2008)

The overall goal of this project was to collect preliminary data on beliefs and knowledge about HIV/AIDS among those who are recently infected with HIV (\$60,000)

AIDS Health Care Foundation, San Francisco, CA

Needs Assessment of Transgender Youth of Color in San Francisco (7/2009 to 9/2009)

The overall goal of the project was to assess various needs of transgender youth of color in San Francisco (\$30,000).

The Center for Khmer Studies, Siem Reap, Cambodia and The Luce Foundation

Headed-Household Females Living with HIV/AIDS, funded research (1/2005-5/07)

The aim of this research project was to uncover how the disease category mango illness shape perceptions of HIV/AIDS and influences preventive and therapeutic behaviors (\$8,900).

San Jose State University Research Funds, San Jose, CA

Access to health care among Cambodian patients in the San Francisco Bay Area (1/06-12/06)

Ethnographic Study of Cambodian American Patients (\$12,000).

Reproductive Health Association of Cambodia, Phnom Penh/Cambodia USAID

The commission system of the Health Department Team Program (1/02-12/03)

Quantitative baseline surveys and ethnographic studies on reproductive health and HIV/AIDS in five provinces (\$1.5 million).

The Asia Foundation, Phnom Penh, Cambodia

Patient Rights within the Context of HIV Testing (01/01-12/01)

The overall goal was to make an assessment of patient rights within the context of HIV Testing in Cambodia (\$3,500).

Japan Inter-cooperation Agency, Phnom Penh, Cambodia

Mental Health of Landmine Survivors (5/2000-9/2000)

The overall goal of this project was to make an assessment of mental health of land mine survivors (\$35,000).

Japan Inter-cooperation Agency, Phnom Penh, Cambodia

Care and Support for People Living with HIV/AIDS (1/2000-5/2000)

The overall goal of this project was to assess care and support services for people living with HIV/AIDS (\$35,000).

PUBLICATIONS AND REPORTS

Books

Bith-Melander, Pollie. The Ethnography of a Social Work Intern. Second Draft

Bith-Melander, Pollie. A Historical Study of Live-Action Force-on-Force and Simulations as Training Methods. Combat Studies Institute. Ft. Leavenworth, Kansas. Pending – Combat Studies Institute Press.

Articles

Published

Efird, J. and Bith-Melander. World in Crisis: Current Health Issues. Submitted to the International Journal of Environmental Research and Public (Pending)

Efird, J.T. and Bith-Melander, P. (2018) Refugee Health: An Ongoing Commitment and Challenge. International Journal of Environmental Research and Public Health, 15(1), 131.

Efird, J. & Bith-Melander, P.

Bith-Melander, P.; Chowdhury, N.; Jindal, C.; Efird, J.T. (2017). Trauma Affecting Asian-Pacific Islanders in the San Francisco Bay Area. *Int. J. Environ. Res. Public Health* 14,1053-.

Bith-Melander, P. et al. Understanding Socio Cultural and Psychological Factors Affecting Transgender People of Color. *J. Assoc Nurses Care* 21(3):207-20(2010).

Bith-Melander, P. & Efird, J. (2008) Tropical Medicine within the Cambodia Context: Cambodian health care systems, Khmer medicine, HIV/AIDS therapy. *Asian Pacific Journal of Tropical Medicine* 1(1): 19-26.

Bith-Melander, P. (2005). The role of women and the rise of HIV/AIDS in Cambodia. *Siksacakr International Journal*. 7, 25-38.

Bith, P. (2004). AIDS in Cambodia. *The Lancet Infectious Diseases*. 4: 482.

Bith, P. (2004). *Caged Bird Will Fly*. University of Hawaii Press.

Conference Publications

Bith-Melander, P., Aliminetti, K., Efird, J., Kimata, C., and Hiratsuka, N. The Algorithm for Separating Multiple Variable Fields. WUSS 2007 Annual Conference.

Efird, J., Bith-Melander. The Algorithm for Blocked Randomization. WUSS 2007 Annual Conference.

Reports

Bith, P. The Assessment of Patient Rights within the context of HIV Testing. Unpublished manuscript, The Center for Cambodian Development, Phnom Penh, Cambodia

Bith, P. et al. Mental Health of Landmine Survivors. Published online on website:
www.casambodia.org/mental%20health.htm, The Center for Advanced Study, Phnom Penh, Cambodia.

Bith, P. et al. Care and Support for people living with HIV/AIDS. Published online on website:
www.jica.org/aidsicare.pdf, The Center for Advanced Study, Phnom Penh, Cambodia

MEMBERSHIPS

- 2006-2007 Society for Public Health Education
- 2006-2008 American Public Health Association
- 2004-2008 Human Biology Association
- 1997-2009 Society for Medical Anthropology
- 2005-2008 HIV/AIDS and Anthropology
- 2008 to 2009 HIV/AIDS International Society
- 2012-Present National Association of Social Workers
- 1997-Present American Anthropological Association