

B.A. in Kinesiology: Concentration in Health Promotion

Suggested Course Sequence

Remember: You must successfully complete 120 units to earn your Bachelor's Degree.

<u>Freshman Year</u>
Lower Division General Education courses (See GE Pattern in the online catalogue)
BIOL 1010/1020 - Principles of Biology (lec) & World Biology (lab) GE Area B2 (spring semester)
OR MBIO 2010-2012 - Microbiology OR MBIO 3010-3032 - Bacteriology
GE Area E2 - KINS 1060 Yoga or KINS 1130 Lifetime Fitness

<u>Sophomore Year</u>
Lower Division General Education courses (See GE Pattern in the online catalogue)
ZOO 2260 - Human Anatomy & Morphology (lec/lab)
ZOO 2235 - Human Physiology (lec/lab)
GE AREA B3 MATH 1600 - Statistics and GE AREA E1 - KINS 1000 Health in Today's Society
Take WPST Complete ALL Enrollment Requirements for the Major

Junior Year

Taken	Semester One (Fall)	Units	Semester Two (Spring)	Units	Taken
	KINS 4030 - Epidemiology and Health Promotion	3	KINS 4500 - Exercise Physiology**+	4	
	KINS 4130 - Foods and Nutrition	3	KINS 4550 - Health Behavior*	3	
	KINS 4530 - Holistic Health	3	One Course from Group 4	3	
	One course from Group 3	3	Upper Division GE Course	3	
	Upper Division GE Course	3			
		15		13	

Senior Year

Taken	Semester Three (Fall)	Units	Semester Four (Spring)	Units	Taken
	KINS 4540 - Mental/Emotional/Spiritual Health	3	One Course from Group 3 (WP) ≠	3	
	KINS 4560 - Health Program Assessment & Planning #	3	KINS 4570 - Health Program Design and Implementation #	3	
	One Course from Group 3	3	KINS 4940 - Practicum	2	
	One course from Group 3	3	One Course from Group 4	3	
	Upper Division GE Course & Multicultural Course	3	One Course from Group 4	3	
		15		14	

<u>Prerequisite Symbols:</u>	
* = KINS 1000	≠ = Must pass WPST prior to taking course
** = Human Physiology (lec/lab)	# = KINS 4030 and 4530
+ = Co-requisite	Δ = Anatomy (lec/lab)
● may only be accepted if it was previously taken while the student was declared as a pre-nursing major	

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Courses are subject to change. Summer courses may be offered through UEE and are at a higher cost as compared to fall/spring semesters.