

CSU Stanislaus
Health Promotion Practicum KINS 4940

Course Description: A cumulative experience for students to utilize the skills that they have learned in obtaining their concentration in Health Promotion. Students will complete a 75 hour internship. During this time students will be placed in a Health or Community organization where they will provide assistance as needed to the organization. During their experience students will assess, design, and/or evaluate a health promotion program that provides opportunity for the organization to better serve the priority population of the organization. The internship is to provide students with work experience in a professional capacity and practice the skills learned through the CSU Stanislaus Health Promotion concentration.

Learning Objectives:

- To utilize health promotion tools to understand the need of an organization and the community it serves
- To understand the importance of an assessment
- To implement theory in practice
- To identify a specific challenge to the priority population
- To design and/or implement an intervention (program plan) using best practice methods to improve the priority population
- Set up evaluation methods for the program plan

It is your responsibility to understand the assessment, theory, intervention (program plan), and evaluation although you will most likely NOT have enough time to work on each area. If you are unable to identify each area and present an understanding at the poster presentation the likelihood of not passing is very high.

Competencies

- Working with diverse communities
- Assessment, Program Planning, Evaluation
- 75 hours experience

Grading Policy:

Pass or fail. **All hours** and **all assignments** must be completed with an overall grade of 70% to pass the class. Failure to finish hours and/or assignments will result in a fail grade even if grade is 70% or better.

Excused Absences: If you miss time at your internship it may result in dismissal. Work out illness and time off with your preceptor. ALL hours must be completed to pass the class.

Note on e-mails: I can be reached at hsantino@csustan.edu. If I do not respond within 24 hours, assume I did not receive your e-mail and try again.

Assignments: Assignments and journals will be available on and to be turned into Blackboard, except contract. The formal contract must be turned into Kinesiology office. Assignments are due 11:59 pm on the date given. ALL assignments must be completed and turned in in order to pass the class. NO EXTENSIONS on deadlines will be given. The assignments have been adjusted to fit the necessary timeline of the class. I understand the hours and start dates are fluid in that not everyone will have the same schedule, hour completed at each deadline. However, these dates are extended and it is recommended that they be completed earlier rather than later. It is your option to turn in on deadline; however, understand late assignments **will not be accepted.**

Quizzes: No quizzes are required for this course

Final Project: Your final project is worth ½ of your grade. See instructions for more information.

General Information:

You are representing CSU Stanislaus!

As a Health Promotion intern you are representing CSU Stanislaus and the Kinesiology department. During your intern hours you are expected to uphold the philosophy to promote prevention, life-long learning, and advocate for healthy lifestyles. As a representative you are required to behave professionally at all times, with good moral judgement, and dress accordingly to the position you accept.

- Be considerate of time; arrive and leave as agreed
- Be prepared
- Dress appropriately, always professional. No jeans, no T-shirts with inappropriate sayings, no clothes with holes, and no clothes that are revealing. If in doubt do not wear.
- Be engaged
- Be respectful
- Get help when you need it, ask questions, be proactive
- Be responsible for what you say and do
- KEEP all records of work

Enrollment in class includes consent to use video, poster, materials, photographs of students or their work developed as part of the course for class instruction, promotion, social media or other general purpose.

Course work:

<i>Points</i>	<i>Assignment</i>	<i>Due Dates</i>
50	CV/ Resume	Aug 23 First Day of Class
50	Skills Assessment	Aug 23- First Day of Class
Non-attendance dropped from class	In class- Mandatory meeting T110	Aug 25- 3pm
200	Fieldwork Contract	Sept 26* Must be turned into office
80	Weekly fieldwork reports (20 points each report)	Oct 3-Nov 7
10	In class- Mandatory meeting T110	Oct 6- 3pm
50	Mid-point check with fieldwork preceptor and faculty advisor	Oct 17
10	In class- Mandatory meeting T110	Nov 3-3pm
50	Final check/ exit review with fieldwork preceptor and faculty advisor	Dec 5
Pass or Fail 200	4-5 minute video upload (verbal presentation)	Dec 5
Pass or Fail 200	Poster upload PDF to turnitin (written presentation)	Dec 5
Pass or Fail 100	Poster Presentation room TBA	Dec 8- 3pm

A= 100-90% (1000-900pts); B= 89-80% (899-800 pts); C= 79-70% (799-700pts); D=69-60% (699-600pts); F=59-0% (>599pts)