1. Visit the Steps Challenge website on CSYou. You’ll be redirected to the program website and verified through single-sign. After this, you can access the Steps Challenge website through this CSYou page, or bookmark the program site to access it directly!
2. Log in and join a team if you choose.
3. Track your actual steps with a pedometer, Fitbit or smartphone app and log them on the Steps Challenge website. Whether you’re participating alone or as a team, you’ll see your progress when you log your steps.
4. Your goal is to visit at least 50% of the campuses (reaching San Luis Obispo) by the end of the program. Then you’ll complete the Steps Challenge survey to be entered to win one of 24 prizes!
5. A winner from each campus and the Chancellor’s Office will be randomly selected at the end of the program.

JOIN A TEAM OR PARTICIPATE ON YOUR OWN

JOIN THE SYSTEMWIDE VIRTUAL JOURNEY

You’ll begin at San Diego State, where you’ll head north visiting each of the 23 CSU campuses. For every step you take, you’ll earn five virtual steps as you travel. Along the way you’ll be inspired by fun facts about each campus—as well as the Chancellor’s Office. The challenge is self-paced, so you can visit as many campuses as you’d like on your own schedule.

If you virtually visit 50% of the campuses (reaching SLO) and complete the survey by May 20—you’ll be entered to win one of 24 prizes!

So put on your walking shoes and hit the road. We’re looking forward to traveling the virtual journey together across the CSU system!

VISIT THE WEBSITE
To Sign-Up and Log Your Steps

PROGRAM ENDS
MAY 20, 2022