

CSU Stanislaus Department of Kinesiology
B.A. in Kinesiology (General Degree) ROADMAP

Notes/Recommendations: *B.A. in Kinesiology (General Degree)*

First Year

Fall Semester		
Course	Description	Units
KINS 1001	Lifelong WIness Thru PA	2
KINS 1010-1999	Activity Course	1
	Lower Division GE Course	3
	Lower Division GE Course	3
	Lower Division GE Course	3
	Lower Division GE Course	3
Total Units		15
Cumuative Total		15

Spring Semester		
Course	Description	Units
BIOL 1010	Principles of Biology	3
BIOL 1020	World of Biology (Lab)	1
	Lower Division GE Course I	3
	*CHEM 1000 recommended	
	Lower Division GE Course	3
	Lower Division GE Course	3
	Lower Division GE Course	3
Total Units		16
Cumuative Total		31

Add a note if desired

Second Year *Add a brief note if necessary*

Fall Semester		
Course	Description	Units
ZOOL 2250	Human Anatomy	4
	Lower Division GE Course	3
	Lower Division GE Course	3
	Lower Division GE Course	3
	Lower Division GE Course	3
Total Units		16
Cumuative Total		47

Spring Semester		
Course	Description	Units
ZOOL 2235	Human Physiology	4
	Lower Division GE Course	3
	Lower Division GE Course	3
	Lower Division GE Course	3
Total Units		13
Cumuative Total		60

Add a note if desired

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Third Year *Add a brief note if necessary*

Fall Semester		
Course	Description	Units
KINS 3100	Found, Hist., & Phils. of PE	3
KINS 4300	<i>Measmrnt & Eval. in PE</i>	3
KINS	<i>Group 2 course</i>	3
	<i>Upper Division GE (UD-B)</i>	3
	Elective	3
	(lower or upper division)	
Total Units		15
Cumulative Total		75

Spring Semester		
Course	Description	Units
KINS 4400	Kinesiology	4
KINS	Choose 1 course	
	<i>KINS 4200 or KINS 4250</i>	3
KINS 4030	Epi. & Hlth. Promotion	3
KINS	Group 2 course	3
	Elective	3
	(lower or upper division)	
Total Units		16
Cumulative Total		91

Add a note if desired

Fourth Year *Add a brief note if necessary*

Fall Semester		
Course	Description	Units
	Elective	3
	(lower or upper division)	
	Group 2 course	3
	<i>Group 2 course</i>	3
KINS 4330	<i>Family Health (UD-D & G)</i>	3
KINS 3700	Sport in Society (WP)	3
Total Units		15
Cumulative Total		106

Spring Semester		
Course	Description	Units
KINS 4500	Ex. Physiology	4
KINS 4150	Foods & Nutrition	3
KINS	Group 2 course	3
	Upper Division GE (UD-C)	3
KINS 1010-1999	Activity Course	1
Total Units		14
Cumulative Total		120

Add a note if desired