

CALIFORNIA STATE UNIVERSITY, STANISLAUS

Department of Kinesiology

REQUIREMENTS FOR THE B.A. DEGREE IN KINESIOLOGY
WITH A CONCENTRATION IN HEALTH PROMOTION

Approved 4/2014 Effective Fall 2015



REQUIRED COURSES FOR MAJOR/CONCENTRATION (48 units)	Units	Term Fulfilled	Term Proposed	Grade
ENROLLMENT REQUIREMENTS/PREREQUISITES TO THE MAJOR (19 units):				
Take 4 units:				
BIOL 1010 - Principles of Biology (lec) AND	3			
BIOL 1020 - World of Biology (lab) OR	1			
MBIO 2010 Microbiology for Nursing and Laboratory • OR	4			
MBIO 3010/32 Bacteriology and Laboratory •	4			
Take 4 units:				
ZOOL 2235 - Human Physiology (lec & lab) + *Prerequisites: ZOOL 2250 & CHEM 1000 or CHEM 2100 or equivalent	4			
Take 4 units:				
ZOOL 2250 - Human Anatomy (lec & lab) *Prerequisite: BIOL 1010/1020	4			
Take 4 units:				
Math 1600 - Statistics OR MATH 1601/1602 - Statistics with Support I & II	4			
Take 3 units:				
KINS 1000 - Health in Today's Society	3			

• may only be accepted if it was previously taken while the student was declared as a pre-nursing major

Concentration (48 units):

1. Complete ALL of these courses: (27 units)

KINS 4030 - Epidemiology & Health Promotion	3			
KINS 4130 - Foods and Nutrition	3			
KINS 4540 - Mental/Emotional/Spiritual Health	3			
KINS 4500 - Exercise Physiology** (lec & lab)	4			
KINS 4530 - Holistic Health	3			
KINS 4550 - Health Behavior Δ	3			
KINS 4560 - Health Program Assessment & Planning # (Senior Year)	3			
KINS 4570 - Health Program Design & Implementation # (Senior Year)	3			
KINS 4940 - Fieldwork/Practicum in Kinesiology (Last Semester)	2			

2. Complete 4 breadth courses (12 units)

KINS 3000 - Prevention and Care of Athletic Injuries *	3			
KINS 4510 - Environmental Health (spring only)	3			
KINS 4520 - Gender Health (WP) ≠	3			
KINS 4230 - Coordinated School Health (fall only)	3			
KINS 4330 - Family Health	3			
KINS 3500 - Drugs in the Athletic Environment	3			
SOCL 3310 - Social Inequalities (WP) ≠	4			
COMM 4180 - Health Communication	3			
PSYC 4215 - Psychological Influences on Health and Illness	3			

3. Complete three courses (9 units minimum) to further expand your HEALTH related knowledge:

Must be (3000 level or higher) with minimum 3 units with KINS prefix (Inside) and 3 units not KINS prefix (Outside) your major. Other is your choice (Inside or Outside) Major. Must be previously approved by your advisor to count.

Inside Major	3			
Outside Major	3			
Other (In or Out)	3			

Prerequisites: * Anatomy; **Physiology; # must have taken KINS 4030 & 4530; ≠ Completion of the WPST with a passing score prior to taking course; • may only if it was previously taken while the student was declared as a pre-nursing major;

Δ KINS 1000; +ZOOL 2250 with a C- or better, CHEM 1000 or CHEM 2100

revised 3-28-19