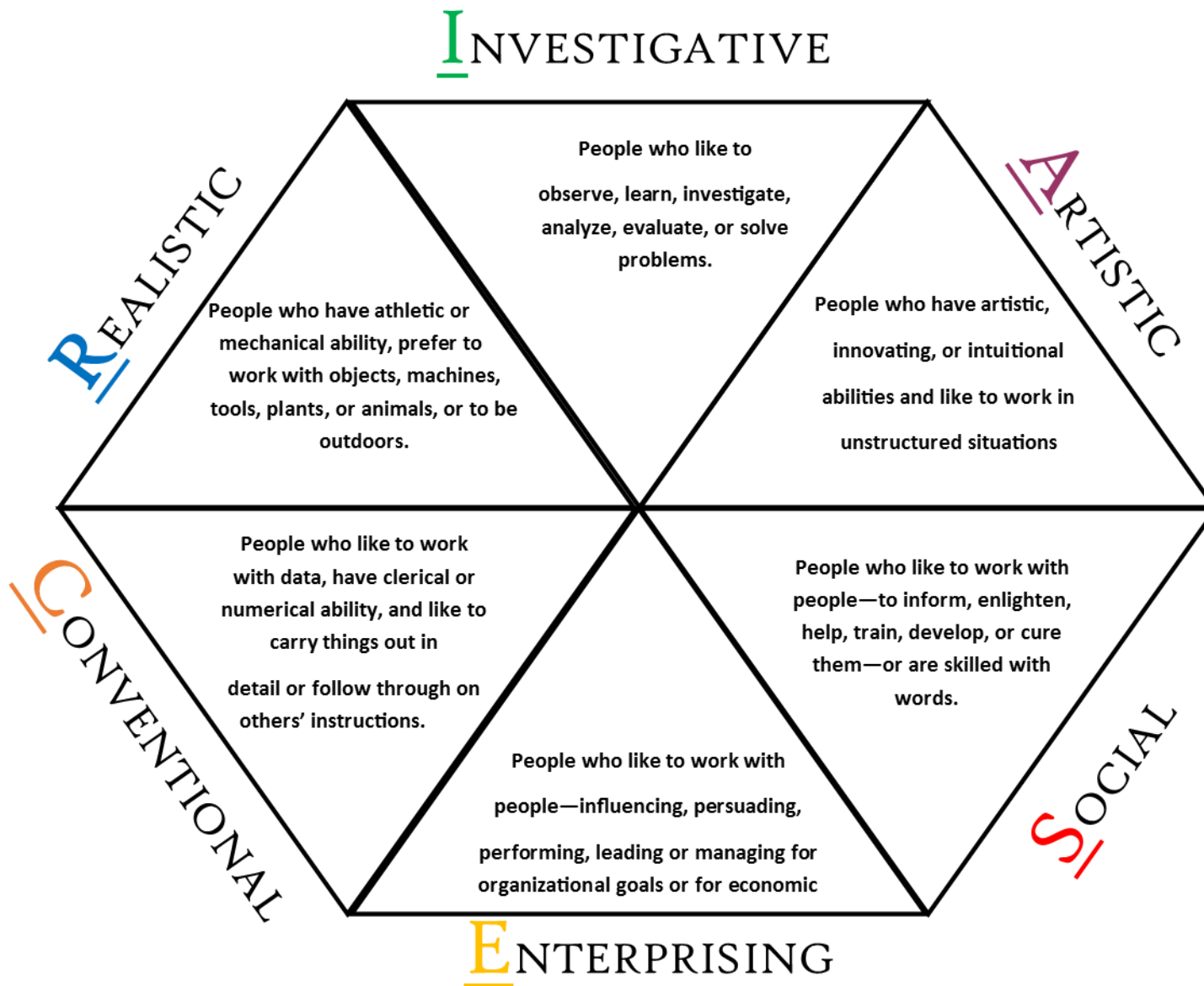


College Career Timeline - Planning for Success

FRESHMEN	SOPHOMORES	JUNIORS	SENIORS
<p style="text-align: center;"><i>EXPLORE</i></p> <ul style="list-style-type: none"> ★ Complete the Focus2 self-assessment to explore your skills, interests, and values ★ Review majors offered at Stan State ★ Meet with a Career Advisor to learn about major/career options ★ Attend a Career Services workshop such as “How to Choose My Major” or “How to Write a Resume” ★ Explore the resource “What Can I Do With This Major?” on the Career website: www.custan.edu/career ★ Pursue a summer job or volunteer opportunity in a field you would like to explore ★ Learn how to begin creating your career portfolio using Portfolium ★ Review portfolios of other students on the network for inspiration and ideas ★ Reflect and focus on things you enjoy doing and your strengths 	<p style="text-align: center;"><i>ENGAGE</i></p> <ul style="list-style-type: none"> ★ Meet with a Career Advisor <ul style="list-style-type: none"> – Get help if you are undecided about your major – Learn about career options that align with your major ★ Join a student organization related to your major ★ Create or revise your resume and have it critiqued ★ Gain experience and explore careers through part-time work and/or volunteering ★ Conduct informational interviews ★ Attend Career Fair, networking events, employer sessions, and workshops ★ Search through O*NET Online and the Occupational Outlook Handbook for detailed information about careers that interest you ★ Identify and strengthen existing networks in your social circle, such as family, peers, co-workers, club members and faculty 	<p style="text-align: center;"><i>ENHANCE</i></p> <ul style="list-style-type: none"> ★ Meet with a Career Advisor <ul style="list-style-type: none"> – Update your resume and have it critiqued – Discuss the job and internship search process and prepare for interviews ★ Research employer and career options ★ Complete an internship or get a part time job to gain work experience and develop alternative career options ★ Connect with employers by attending Career Fair, networking events, employer sessions, and workshops ★ Continue club membership; consider taking a leadership role ★ If planning to attend graduate school <ul style="list-style-type: none"> – Identify possible areas of study – Research schools/programs and admission requirements (tests, coursework pre-requisites and financial aid options) 	<p style="text-align: center;"><i>ACHIEVE</i></p> <ul style="list-style-type: none"> ★ Meet with a Career Advisor <ul style="list-style-type: none"> – Discuss the job search process and develop a plan – Learn effective interviewing techniques and schedule a mock interview ★ Attend Career Fair, networking events, employer sessions, and workshops ★ Research potential employers ★ Pursue jobs 5 – 6 months in advance of when you would like to start working ★ Complete an internship to gain additional experience and expand your professional network ★ Join a professional association related to your major ★ Update your resume ★ Request recommendation letters early from professors, advisors, and supervisors ★ If planning to attend graduate school <ul style="list-style-type: none"> – Discuss plans with professors, advisors, and/or a Career Advisor – Take admissions tests and apply for admissions

What is your HOLLAND CODE?



Dr. John Holland theorized that people work best in environments that match their personality preferences. According to his research, people and work environments can be loosely classified into six different groups as illustrated by his famous hexagon diagram. Each of the six types is identified with a letter.

While you may have some interests in and similarities to several of the six groups, you may be attracted primarily to two or three of the areas. These two or three letters are your "Holland Code." For example, with a code of "RES" you would most resemble the Realistic type, somewhat less resemble the Enterprising type, and resemble the Social type even less. Research shows that people are most satisfied if there is some degree of fit between their personality and their work environment.

Even on the college campus, your first "work environment" leading towards your future career, you'll find faculty and their associated programs and majors can be represented by some combination of two or three letters of the Holland Codes. That's why understanding Holland Codes can help you determine majors that may be a better fit for you than others. Holland Codes can also help you chart an effective course to your Dream Job with the major you have already declared.

To discover your "Holland Codes," please visit:

<https://www.mynextmove.org/explore/ip>

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