University Assessment Structure

How Psychological Counseling Services and the Division of Student Affairs Fit Into the Grand Scheme of Assessment and Accreditation

- **WASC** Accreditation
  - capacity/preparatory
  - educational effectiveness
- **Support Unit Review Assessment Tool**: Council for the Advancement of Standards
  - Mission & Vision
  - Strategic Plan Priorities

**Student Affairs**

- **CAS** Assessment Tool for your department
  - Department Mission & Vision
  - Department Priorities
  - Department Learning Outcomes

- **Division** Mission & Vision
- **Division** Priorities
- **Division** Learning Outcomes

**Univrsity**

**Psychological Counseling Services**
The faculty, staff, administrators, and students of California State University, Stanislaus are committed to creating a learning environment which encourages all members of the campus community to expand their intellectual, creative, and social horizons. We challenge one another to realize our potential, to appreciate and contribute to the enrichment of our diverse community, and to develop a passion for lifelong learning. To facilitate this mission, we promote academic excellence in the teaching and scholarly activities of our faculty, encourage personalized student learning, foster interactions and partnerships with our surrounding communities, and provide opportunities for the intellectual, cultural, and artistic enrichment of the region.

CSU Stanislaus strives to become a major center of learning, intellectual pursuit, artistic excellence and cultural engagement for California’s greater Central Valley and beyond. We will serve our diverse student body, communities and state by creating programs, partnerships and leaders that respond effectively to an evolving and interconnected world.

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DIVISION OF STUDENT AFFAIRS

MISSION
In keeping with the University mission, Student Affairs will develop and retain a diverse student body and provide superior student services in support of academic success, personal wellness and lifelong learning.

VISION
The Division of Student Affairs will transform students into engaged, citizen scholars. To realize this vision, we will assess and respond to student needs;
- Foster intellectual, emotional, physical, spiritual, and civic development as part of the University experience;
- Promote an awareness of and appreciation for differences;
- Promote educational opportunity and equity;
- Build a professional team of diverse, knowledgeable, caring and responsive managers and staff;
- Enhance cooperation and communication among all of our departments and programs, utilizing best practices and implementing evolving technologies;
- Respond effectively to change and serve as a recognized agent for change within the University community;
- Respect and empower students as full members of the campus community;
- Cultivate a vibrant campus culture.

2008-09 PRIORITIES
- STUDENT DEVELOPMENT
  - Civic Engagement
  - Wellness
  - Professional Identity
- PROGRAM SUPPORT
  - Foster Youth
  - Student Recreation Complex
  - Parent Program
- ADMINISTRATION
  - Professional Standards

2008-09 LEARNING OUTCOMES
- Students will engage in the culture of academic scholarship characterized by increased creativity, participation in research, and competence in critical thinking, resulting in lifelong learning. (Persistence and Academic Achievement)
- Students will learn how to develop and construct an individual academic plan that will help them persist to graduation. (Persistence and Academic Achievement)
- Students will participate in the electoral process and demonstrate understanding of their responsibilities as citizens. (Civic Engagement)
- Students will understand the professional standards in their field and demonstrate such by becoming employed successfully with high satisfaction of employer and self. (Practical Competence)
- Students will demonstrate reflective, thoughtful choices to form a healthy lifestyle, positive relationships and a proactive life plan. (Practical Competence)

ASSESSMENT TOOL
CAS
(Council for the Advancement of Standards)
MISSION
The mission of Psychological Counseling Services is to maintain and enhance students’ psychological, emotional, and relational well-being.
Psychological Counseling Services facilitates a successful experience in academic and social realms for students at California State University, Stanislaus.

VISION
- PCS will collaboratively transform students into engaged citizen scholars who develop an integrated and healthy lifestyle, positive relationships and a proactive life plan.

To realize this vision, we will assess and respond to students’ individual needs and progress in order to:
- Foster intellectual, emotional, physical, spiritual, and social development;
- Promote awareness and appreciation for differences;
- Support success in educational opportunities;
- Build a team of knowledgeable, caring and responsive professionals;
- Enhance cooperation and communication with other departments, utilizing best practices and implementing evolving technologies;
- Respond effectively and serve as an agent for change within the University community;
- Respect and empower students as members of the campus community;
- Cultivate a vibrant campus culture.

2008-09 PRIORITIES
- Develop and implement a plan for business continuity during emergencies
- Collaborate with Student Affairs departments (e.g. SHC, Health Educator, Housing, Union) for training and education
- Implement collaborative strategies with Dept. of Public Safety and Doctors Behavioral Health Center related to students in crisis
- Provide innovative workshops and outreach programming to educate students in areas of practical competencies related to personal integration and health and interpersonal success
- Support continuing education for counseling faculty as well as in-service training

2008-09 LEARNING OUTCOMES
Practical Competence
- Students will demonstrate reflective, thoughtful choices to form a healthy lifestyle, positive relationships and a proactive life plan.

To achieve these outcomes, implement outreach and workshops; also structure goals within individual therapy to target the following:

Skills Training for Relaxation and Wellness
- Develop and utilize effective relaxation techniques
- Provide “self-talk” strategies related to health positive goals
- Assist inclusion of rejuvenating activities in weekly schedule

Interpersonal relationships
- Enhance assertiveness skills
- Develop communication skills
- Assist with emotional self-regulation strategies

Persistence
- Assist retention of emotionally troubled students
- Support students to follow through on goals

Cognitive Complexity
- Develop comprehensive life plan
- Work toward integrated view of positives and negatives of self and others
- Encourage cognitive empathy
- Promote creative problem-solving and self-reflective skills

ASSESSMENT TOOL
CAS for Psychological Counseling Services

ASSESSMENT TOOL
CAS (Council for the Advancement of Standards)

ACCREDITATION
WASC