The questions that follow are a guide to lead you through a process of reflection that combined with your next action will form what Freire calls “praxis”. Please answer them as completely and concisely as possible. You are expected to turn in one of these logs to your liaison, completed, each week that you have field (except for the last week). (Due dates to be established in discussion with your liaison)

1. Choose something you did or were part of in your field placement this week and describe it, briefly and concisely.

2. Try to find words or phrases that describe what was going on in your “gut” during the experience in #1. These are NOT your feelings or thinking ABOUT the experience, but what you were feeling (your emotional reactions) while involved. Let go of your intellect, no complete sentences are necessary, this is a brainstorming process in self-examination and revelation.
3. Okay, now re-engage your intellect! Identify the “micro, mezzo and macro” aspects of the experience

   a) The aspects that were contained in the experience itself. (the MICRO issues)

   b) The local environment (political, structural, emotional) aspects that surround (a) or that (a) is immersed in. (the MEZZO issues)

   c) The larger aspects or policy issues that surround or are the foundation of (a) and (b). (the MACRO issues).

4. What in your academic curriculum help you understand or inform your reflections in #3? (list as specifically as you can)

5. To what specific child welfare competencies does this experience relate? (list)

6. Responses to issues raised by your Liaison (if any) or thoughts raised in you by the self-reflection itself?