



Kinesiology



About the College

The College of Education offers an array of top-quality professional education, teacher education, physical education, social work and health programs that are accredited at the state and national levels. Through its highly respected undergraduate, credential, graduate and doctoral programs, the college produces well-prepared teachers and school administrators, counselors, reading and language arts specialists, instructional technologists, special educators and physical and health educators.

COE contact info

Interim Dean:
Oddmund Myhre, Ph.D.
Phone: (209) 667-3652
E-mail: COE@csustan.edu
Website: www.csustan.edu/COE

Rev. Sept. '12

Kinesiology courses provide a background in physical education for those planning to enter the teaching field, undertake graduate work, or complete pre-professional work in health and wellness fields such as physical therapy, occupational therapy, corporate wellness, public health and more.



Where can a degree in Kinesiology take you? Some possible career paths and fields of work include activities director, athletic coach, corporate wellness, personal trainer, health/fitness consultant, K-12 physical education teacher, graduate education in exercise physiology, physical therapy, occupational therapy, healthcare administration and physician's assistant.

Degrees and Programs

- Bachelor of Arts in Kinesiology
- Bachelor of Arts in Kinesiology - Single Subject Matter Preparation in Physical Education
- Bachelor of Arts in Kinesiology, with a concentration in Health & Wellness Promotion
- Concentrations: Those majoring in Liberal Studies can complete their concentration in Physical Education.
- Minor in Kinesiology
- Master of Arts, Education, with a concentration in Physical Education



Our faculty

- Erin Hall (Chair), Ed.D., University of Northern Colorado ('99)
- Heather Deaner, Ed.D., West Virginia University ('02)
- Sue Eastham, Ed.D., University of San Francisco ('09)
- J. Sue Fletcher, Ed.D., University of San Francisco ('80)
- Janice Herring, M.S., University of California Davis ('89)
- Ping Luo, Ed.D., West Virginia University ('95)
- Taylor Marcell, Ph.D., University of Southern California ('97)
- Brent Powell, Ph.D., University of Alabama at Birmingham ('10)
- Shawna Young, Ed.D., Boise State University ('01)

Interesting classes you might take

Measurement and Evaluation in Physical Education
Kinesiology
Exercise Physiology
Adapted Physical Education
Prevention and Care of Athletic Injuries
Elementary Pedagogy
Sport and Exercise Psychology
Motor Development
Epidemiology
Holistic Health
Program Design

Course Spotlight

KINS 3700 - Sport in Society

Introduction to the theoretical study of sport and its relationship to culture and society; investigation and analysis of literature that is concerned with the individual and his/her involvement in play, game, and sport. Emphasis will be on corporate sport and its impact on social institutions and processes.

KINS 4530 – Holistic Health

This course explores the traditional ways of health and healing practices rooted in different ethnic groups and the role of selected complementary and alternative medicine (CAM) practices and promotions in the healthcare system. Emphasis will be placed on experiential ways to promote healing and optimum health in the individual.

Go online to www.csustan.edu/Kinesiology for more course descriptions.

What you can learn

- Knowledge and skills in a broad variety of fitness activities
- Biological/physical and behavioral bases of movement and the changes that occur across the life span, within diverse populations, and under a variety of conditions
- Application of kinesiology knowledge to enhance motor skills and fitness in a variety of populations and conditions
- Strategies to improve health knowledge, attitudes, skills, and behavior of individuals, groups, institutions, and communities.

What you can earn

- P.E. Teacher, \$59,000
- Occupational Therapist, \$66,000
- Physical Therapist, \$72,000
- Public Health Educator, \$53,000

Source: American Kinesiology Association (2011). Careers in sport, fitness, and exercise: the authoritative guide for landing the job of your dreams

Contact information

CSU Stanislaus
Kinesiology
Field House Building, Room 142
One University Circle
Turlock, CA 95382
Phone (209) 667-3325
Fax (209) 667-3763
www.csustan.edu/Kinesiology