

The Impact of Stress on Opioid Addiction

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Nationally and Internationally opioids have reached new heights in usage and death rates. Previous research has indicated that stress plays a role in addiction and relapse vulnerability, however, the extent of discussion of the interrelatedness between stress and drug addiction is underdeveloped. The intersection of these topics, as they span multiple fields, needs to be further examined and addressed in order to develop educational advancements, as well as new treatment approaches. Therefore, I pose the question: What is the impact of stress on opioid addiction? I have focused my research and analysis on relevant peer reviewed articles within these topic spheres, narrowing searches based on specific inclusion criteria. I have predicted that stress will be championed as the critical factor in addiction and its related components. To this end, I thoroughly examined the data in order to create a clear composite model of stress and addiction.