

CALIFORNIA STATE UNIVERSITY, STANISLAUS

Department of Kinesiology

REQUIREMENTS FOR THE SUBJECT MATTER PROGRAM, KINESIOLOGY

Teacher Preparation and Licensing Law Approved March 2009

ENROLLMENT REQUIREMENTS/PREREQUISITES TO THE MAJOR: (12 UNITS)	Units	Term Fulfilled	Term Proposed	Grade
BIOL 1010 - Principles of Biology (lec)	3			
BIOL 1020 - World of Biology (lab)	1			
ZOOL 2235 - Human Physiology (lec & lab)	4			
*Prerequisites: ZOOL 2250 & CHEM 1000 or CHEM 2100 or equivalent				
ZOOL 2250 - Human Anatomy (lec & lab)	4			
*Recommended Prerequisites: BIOL 1010/1020				
1. REQUIRED COURES IN MAJOR FIELD (32 units)				
KINS 3000 - Prevention and Care of Athletic Injuries*	3			
KINS 3100 - Foundations, History and Philosophy of P.E.	3			
KINS 3700 - Sport in Society (WP) ≠	3			
OR				
KINS 3800 - Sport and Exercise Psychology	3			
KINS 4100 - Curriculum, Organization, and Administration of P.E. (SP only)	3			
KINS 4200 - Motor Learning	3			
KINS 4250 - Motor Development	3			
KINS 4300 - Measurement and Evaluation in Physical Education (fall only)	3			
KINS 4400 - Kinesiology* (lec & lab)	4			
KINS 4500 - Exercise Physiology** (lec & lab)	4			
KINS 4800 - Adapted Physical Education (spring only)+	3			
2. BREADTH/DEPTH COURSES: (6 units)				
KINS 3450 - Elementary Pedagogy for Physical Education (fall)	3			
KINS 4150 - Secondary Pedagogy of Physical Education (spring)	3			
MOVEMENT PERSPECTIVE COURSES: (20 units)				
3. All Courses are Required (16 Units)				
KINS 3300 - Theory and Analysis of Aquatic Sports*** (SP)	2			
*Pre-requisite KINS 1610				
KINS 3310 - Theory and Analysis of Combative Activities (SP)	2			
KINS 3320 - Theory and Analysis of Dance and Gymnastics (F)	2			
KINS 3330 - Theory and Analysis of Individual Sports and Games (SP)	2			
KINS 3350 - Theory and Analysis of Dual Sports and Games (F)	2			
KINS 3360 - Theory and Analysis of Team Sports and Games (F)	2			
KINS 3370 - Theory and Analysis of Fitness Activities (F/S)	2			
KINS 3650 - Theory and Analysis of Outdoor Education (F)	2			
4. Select 2 courses from the following (4 units)				
KINS 3200 - Theory of Coaching Football +	2			
KINS 3210 - Theory of Coaching Basketball + (alternate fall)	2			
KINS 3220 - Theory of Coaching Baseball + (S)	2			
KINS 3230 - Theory of Coaching Track and Field + (alternate spring)	2			
KINS 3240 - Theory of Coaching Volleyball + (alternate fall)	2			
KINS 3250 - Theory of Coaching Softball +	2			
KINS 3260 - Theory of Coaching Strength and Conditioning + (F/S)	2			
Total	58			

Prerequisites: *Anatomy, **Physiology, ***Swimming (KINS 1610), +Co-requisite

≠ Completion of the WPST with a passing score prior to taking course.

Typical course semester offerings are denoted with (F), (SP) or (Sum). Check with advisor for current information.

Student _____ Advisor _____ Date _____

Revised 9-26-22