

CALIFORNIA STATE UNIVERSITY, STANISLAUS  
 Department of Kinesiology  
 REQUIREMENTS FOR THE B.A. DEGREE IN KINESIOLOGY  
 Approved Spring 2019/Offered Fall 2019

ENROLLMENT REQUIREMENTS TO THE MAJOR: (12 UNITS)	Units	Term	Term	Grade
		Fulfilled	Proposed	
BIOL 1010 - Principles of Biology (lec)	3			
BIOL 1020 - World of Biology (lab)	1			
ZOOL 2235 - Human Physiology (lec & lab)	4			
*Prerequisite: ZOOL 2250 & CHEM 1000 or CHEM 2100 or equivalent				
ZOOL 2250 - Human Anatomy (lec & lab)	4			
*Recommended Prerequisite: BIOL 1010/1020				

**REQUIRED CORE COURSES IN MAJOR FIELD (26 units)**

**1. Complete all of the core courses (26 units)**

KINS 3100 - Foundations, History and Philosophy of P.E.	3			
KINS 3700 - Sport in Society (WP)≠ OR KINS 4520 - Gender Health (WP)	3			
KINS 4030 - Epidemiology & Health Promotion	3			
KINS 4130 - Foods and Nutrition	3			
KINS 4200 - Motor Learning OR KINS 4250 - Motor Development	3			
KINS 4300 - Measurement and Evaluation in Physical Education (Fall only)	3			
KINS 4400 - Kinesiology (lec & lab)*	4			
KINS 4500- Exercise Physiology (lec & lab)**	4			

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**ELECTIVE COURSES (minimum 15 units)**

**2. Complete a minimum of 5 courses from the following (minimum 15 units):**

KINS 3200-3260 Theory of Coaching Course +	2			
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KINS 3300-3650 Theory and Analysis Course***	2			
KINS 3300-3650 Theory and Analysis Course***	2			
KINS 3000 - Prevention & Care of Athletic Injuries *	3			
KINS 3400 - Elementary Physical Education	3			
KINS 3500 - Drugs in the Athletic Environment	3			
KINS 3800 - Sport & Exercise Psychology	3			
KINS 4230 - Coordinated School Health (Fall only)	3			
KINS 4330 - Family Health	3			
KINS 4510 - Environmental Health (Spring only)	3			
KINS 4530 - Holistic Health	3			
KINS 4540 - Mental, Emotional and Spiritual Health	3			
KINS 4550 - Health Behavior	3			
KINS 4800 - Adapted Physical Education (Spring only) +	3			

\*Other courses may be substituted for Breadth with prior consent of advisor. 15

**Total 41 units**

Prerequisite: \*Anatomy, \*\*Physiology, \*\*\*KINS 1610 Swimming Only required for KINS 3300, +Co-requisite  
 ≠ Completion of the WPST with a passing score prior to taking course.

Student \_\_\_\_\_ Advisor \_\_\_\_\_ Date \_\_\_\_\_