Other Campus Resources:

Title IX
MSR #320
(209) 667-3351

*Counseling and Psychological Services
Student Service Annex
Building - SSX1.1
(209) 667-3381
After-hours dial 2 when prompted to be connected to a counselor

Disability Resource Services
Library Annex - LX24
(209) 667-3159

University Police
(209) 667-3114
After Hours Non-Emergency
(209) 668-1200

*Health Center
(209) 667-3396

*confidential

**HEALTHY ALTERNATIVES TO VIOLENT ENVIRONMENTS**

locations
618 13th Street
Modesto, CA 95354
(209) 524-4331

301 Starr Ave
Turlock, CA 95380
(209) 664-9131

24-Hour Crisis Line
(209) 577-5980

Havenstan.org

Stanislaus State Advocacy

California State University
Science Building 1
Room #234
Turlock, CA 95382
(209) 667-3993
Stanislaus State Victim Advocate

Lupita Hernandez
Office: (209) 667-3993
Mobile: (209) 497-4587
victimadvocate@csustan.edu

The Campus Advocate is a confidential survivor advocate from H.A.V.E.N serving the CSU-Stanislaus community. Call, text, email, or stop by for more information.

Some of those services include:

- Peer counseling
- Safety planning
- Case Management
- Advocacy
- Crisis Intervention
- Hospital Accompaniment
- Court Accompaniment
- Resources and referral to other services

The victim advocate also participates in campus events and presentations along with the educator and Title IX department.

*Services are confidential

Do you know if your relationship is healthy?

Everyone deserves to be in a safe and healthy relationship. Answer YES or NO to the following questions to find out.

The person I'm with:

- Is very supportive of things that I do.
- Encourages me to try new things.
- Listens when I have something on my mind.
- Understands that I have my own life too.
- Is not liked very well by my friends.
- Says I'm too involved in different activities.
- Texts me or calls me all the time.
- Thinks I spend too much time trying to look nice.
- Gets extremely jealous or possessive.
- Accuses me of flirting or cheating.
- Constantly checks up on me or makes me check in.
- Controls what I wear or how I look.
- Tries to control what I do and who I see.
- Tries to keep me from seeing or talking to my family and friends.
- Has big mood swings, getting angry and yelling at me one minute but being sweet and apologetic the next.
- Makes me feel nervous or like I'm "walking on eggshells."
- Puts me down, calls me names or criticizes me.
- Makes me feel like I can't do anything right or blames me for problems.
- Makes me feel like no one else would want me.
- Threatens to hurt me, my friends or family.
- Threatens to hurt themselves because of me.
- Threatens to destroy my things (Phone, clothes, laptop, car, etc.).
- Grabs, pushes, shoves, chokes, punches, slaps, holds me down, throws things or hurts me in some way.
- Breaks or throws things to intimidate me.
- Yells, screams or humiliates me in front of other people.
- Pressures or forces me into having sex or going farther than I want to.

HAVEN Educator

Lupita Hernandez
Office: (209) 667-3993
Mobile: (209) 497-4587
haveneducator@csustan.edu

The educator provides prevention services, outreach, and education at CSU Stanislaus.

Prevention Services Include:

- Coordinate and participate in outreach events
- Community mobilization at CSU-Stanislaus
- Provide workshops and presentations on campus
- Bystander Intervention curriculum and implementation along with other departments
- Awareness events on campus and on social media

Haven educator works closely with the Title IX department and victim advocate.

@csustantogther