

B.S. in Exercise Science

B.S. in Exercise Science Q&A

Q: What is the new Exercise Science degree?

A: The new degree is a Bachelor of Science in Exercise Science

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Q: Should I switch from the B.A. in Kinesiology with a concentration in Exercise Science to the new degree?

A: The decision about whether to switch or not depends on your year in the program, how many courses you have left, your future career plans, and graduation plans. To get guidance with making this decision, contact your advisor. They will assist with helping you with this choice.

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Q: Who do I contact for help with changing my major or questions I may have?

A: The Department website has a tab dedicated to advising. You can find information on who your advisor is and their contact information on the department website under the advising tab.

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Q: What is the difference between the concentration and the new degree?

A: The video on the Department website helps explain the different requirements. Watch the video and contact your advisor if you have any unanswered questions.

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Q: If there isn't much difference, why change from the concentration to a degree?

A: The concentration served students well and prepared students for Exercise Science related careers/graduate programs. The new degree clearly communicates students' academic preparation and signals to employers, credentialing agencies, and graduate programs that such a student has been trained in the coursework relevant to Exercise Science. The new degree has concentrations (i.e. concentration in Rehabilitation Science) that are tailored to those wanting to pursue specific careers such as physical therapy, occupational therapy, athletic training, etc. Lastly, the new Exercise Science degree allows for growth of the program into other areas of Exercise Science.

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Q: What does the degree prepare me for?

A: The B.S. in Exercise Science prepares students to serve in a variety of settings. You can find the mission and learning outcomes of the degree on the Department website. Weblinks are also provided to help explain the Exercise Science related fields and graduate programs.

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Q: If I'm changing from the concentration to the new degree, what courses should I take?

A: Your advisor will be able to assist with explaining what courses count where and if substitutions are needed. Seek advising so you can come up with a plan that works best for your professional career and timely graduation. See the Department website to determine your advisor.

Some courses are specific for Exercise Science majors. KINS 4350 is the measurement and evaluation class for Exercise Science majors. Do not take KINS 4300 if you are an Exercise Science major. KINS 4900 is the capstone class for Exercise Science majors and can only be taken in your last/graduation semester.

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Q: What if it's my last/graduation semester and I haven't taken KINS 4600. Can I still take KINS 4900 even though KINS 4600 is a prerequisite for KINS 4900?

A: As long as it's your last/graduation semester you can take KINS 4600 and KINS 4900 concurrently. Contact the KINS 4900 instructor for a permission number.