B.A. in Kinesiology: Concentration in Exercise Science
Suggested Course Sequence

Freshman Year
Lower Division General Education courses (See GE Pattern in the online catalogue)
BIOL 1010/1020 - Principles of Biology (lec) & World Biology (lab) **GE Area B2** (spring semester)
GE Area E2 - KINS 1060 Yoga or KINS 1130 Lifetime Fitness

Sophomore Year
Lower Division General Education courses (See GE Pattern in the online catalogue)
ZOOL 2260 - Human Anatomy & Morphology (lec/lab)
ZOOL 2235 - Human Physiology (lec/lab)
GE AREA B3 MATH 1600 - Statistics and **GE AREA E1** - KINS 1000 Health in Today's Society and **GE AREA B1** CHEM 1100/1102
Take WPST

Junior Year

Taken	Semester One (Fall)	Units		Semester Two (Spring)	Units
	KINS 4300 - Measurement & Eval. in PE	3		KINS 4400 - Kinesiology*+	3
	KINS 4130 - Foods and Nutrition	3		KINS 4402 - Kinesiology (lab)*+	1
	One course from Group 3	3		One Course from Group 3 (WP) ≠	3
	One course from Group 3	3		One Course from Group 4	3
	Upper Division GE Course	3		Upper Division GE Course	3
		15			**13**

Senior Year

Taken	Semester Three (Fall)	Units		Semester Four (Spring)	Units
	KINS 4500 - Exercise Physiology**+	3		KINS 4700 - Biomechanics+	3
	KINS 4502 - Exercise Physiology Lab**+	1		KINS 4900 - Exercise is Medicine ##	3
	KINs 4600 - Exercise Testing & Prescription#	3		One Course from Group 3	3
	One course from Group 3	3		One Course from Group 4	3
	Upper Division GE Course & Multicultural Course	3		KINS 3800 - Sport and Exercise Psychology	3
		13			**15**

Prerequisite Symbols:

*	= Human Anatomy & Morphology	≠	= Must pass WPST prior to taking course
**	= Human Physiology (lec/lab)	#	= KINS 300 & KINS 4130
+	= Co-requisite	##	= KINS 4600

Remember: You must successfully complete 120 units to earn your Bachelor's Degree.

Courses are subject to change. Summer courses may be offered through UEE and are at a higher cost as compared to fall/spring semesters.