



Stanislaus Family E-News

Stanislaus Parents Association
California State University, Stanislaus
May 2008

Important Dates and Information

Warrior Day
May 9

Memorial Day-
campus closed
May 26

Commencement
May 30 & 31

Summer Session A
June 9 – July 18

Summer Session B
July 21 –August 15

For more information about dates and specific deadlines, please refer to the Schedule Informational Guide at:

http://www.csustan.edu/classchedule/PDF/Class_Schedule_SE.pdf

FAFSA Website
www.fafsa.ed.gov

HOW TO DEAL WITH YOUR COLLEGE KIDS WHEN THEY COME HOME FOR THE SUMMER

Here are some tips to deal with students moving back for the summer after their first year. Even if your student has been living at home during the school year, this has been a time of transition and the tips will provide some topics to consider.

1. Negotiate conflicts early: There are things you know will be sources of tension. They tend to be curfews, use of the car, phone and Internet too, money use, who can come over when, and household responsibilities. Decide ahead of time what you are willing to settle for with each of these items. Then sit down with your game plan and discuss with them their wishes. Find a place where you can compromise and make these the ground rules for the summer.

2. Be flexible: If you force the same rules on them they had before they lived on their own at school, they will truly resent it and may not want to come home, which would be a loss for you. So try to be more flexible while maintaining certain limits the family needs to coexist.

For instance, let your kid sleep until 1 p.m. for the first few days but then pick a reasonable time (like 10 a.m.) after that so that the rest of the family can do what they need to. Don't insist they be home by 11 p.m. when you know at school they were out until 4 a.m., but do say they must tell you when they will be home in advance and stick to it or call if

they cannot so you don't have to worry when they aren't there. If they use the car they must agree to times you can spare it and say when and where they will be, again so you are not left anxious.

3. Encourage an adult-to-adult relationship: When you come off as an authoritative parent, you push your child away. He or she may be struggling to become an adult, and it's difficult. Try listening to their opinions and ideas. Invite them to discuss how they feel about various issues and then also tell them how you feel. The evolution to this kind of relationship will be very gratifying for both of you.

4. Accept them: While your child is in the new universe of college, they are most likely trying on different personas, which may be different from the way they were before. But you need to be somewhat accepting of their different clothing, hair, friends and independence. In fact, you need to accept them as adults. If you are going to have a good relationship with them, you need to appreciate them for who they are.

5. Show them you want them home: Let them know how happy you are to be with them. It's easy to get off the path into how much it's all bugging you and do a lot of griping. This will make them feel unwanted and next time they may not come home. Allow them time with their old and new friends, but then ask them to save some time for you, so you can do something fun together.

Tips provided by Dr. Gail Saltz of the "Today" show.

"my.CSUSTAN" Website Provides Students With New Center For Data Access

Students will soon have a new form of online access to their academic information as California State University, Stanislaus introduces its "my.CSUSTAN" Student Center.

Implementation of the new self-service Student Center as students prepare to register for Fall 2008 semester classes starting May 12 is the next phase of the University's Common Management System (CMS) installation project featuring PeopleSoft's web-based software.

Replacement of the current Banner system will provide the University with up-to-date technology meeting the expanding needs of the campus community and the CSU system.

Under the new system, students will receive a nine-digit University identification number that replaces the current number which starts with "98" as well as a new user ID. New student, faculty, and staff identification Warrior cards are scheduled to be distributed starting July through mid-September.

Students, who were notified of the upcoming changes by letter in March, are advised to watch their University e-mail accounts for important messages and updates about the new system. During the transition process from the old system to the new one, current students will need to access some information in the existing system using their current identification and some information in the new system. Most information for Fall 2008 will be available in the new system.

Students can log in at the new site at <http://my.csustan.edu> or by clicking on the myCSUSTAN link under "Quick Links."

This article was provided by the University Digest. The University Digest is the University's faculty and staff newsletter.

Parents Program

California State
University, Stanislaus

PARENT'S
HOTLINE:
209-664-6632

OR

PARENTS
@CSUSTAN.EDU

PARENTS
LISTSERVE:
(communicate with
other parents by
sending an email to
the listserve)

Parents-program-
l@listbot.
csustan.edu

We're on the Web!

See us at:

[www.csustan.edu/
parents](http://www.csustan.edu/parents)

Final Exam Care Packages

Every semester the Staff Council offers care packages that are delivered to Students during finals. These care packages are \$15 and include lots of nutritious snacks so your student can keep up his/her energy during the trying finals period. If you want to order one or need any more information, please contact Alissa Aragon at aragon@csustan.edu or 209 667-3772.