



CALIFORNIA STATE UNIVERSITY, STANISLAUS
2002 Student Affairs Assessment Project
CAS EXECUTIVE SUMMARY

Associated Students, Inc.: Recreation and Wellness Program

Scope of Review

The assessment reviewed the Recreation and Wellness Program within the Associated Students, Inc.

Mission

The mission of the Recreation and Wellness Program is to enhance students' fitness and wellness, knowledge, personal skills, and enjoyment by providing opportunities for a variety of activities that may contribute to physical fitness and wellness.

Assessment Summary

I. *Brief description of the assessment process.*

The team worked individually on the ratings and then came to consensus as a group for the final ratings. This process took about 4-6 weeks to complete.

II. *Identified strengths and weaknesses.*

Strengths:

- The opportunity provided to students to develop leadership skills through working in the program.
- Intramurals is the most successful component of this program and remains the most popular.
- Since Spring 2002, a new movement within the organization to focus on training and allocating new resources to the program.

Weaknesses:

- Human Resources: Current staffing allows for maintaining the intramural program, but lacks time for expansion and future planning for recreation and wellness focus.
- Facilities: The program does not have priority use of facilities or green space for minimum program needs. In general, there is not ample space for use by the program.
- Leadership: The program lacks structured on-going training and supervision of sports. Funding is not provided on a permanent basis. Funding is provided by the Associated Students through student fees. No contributions from the state or other sources are provided.

Priorities for the Program

- Hire a fulltime coordinator for the program to allow for program expansion and planning for future facility needs.
- Conduct a brainstorming session with Athletics, PE Department, Facilities/Physical Plant, Union and ASI to discuss future plan for facility and green space usage current and future needs.
- Develop and implement an on-going training and assessment plan for entire program.
- Conduct a comprehensive review of comparable institutions including site visits.